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KOSHER EXPRESS

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Kashrus Supervision by the R C B C
GLATT KOSHER CHINESE FOOD TO TAKE OUT
SZECHUAN, HUNAN & CANTONESE STYLE

Tel : (201) 791-8818
(201) 791-3060

www.FLKexp.com

Please Order Online or By Phone

Two Blocks From
Congregation Shomrei Torah
22 -16 Morlot Avenue
Fair Lawn, N.J. 07410

All Products Made
Here Are Fleishig!

Sun. - Thurs: 11:00 am - 8:00 pm
(Summer Time) Friday: 11:00 am - 3:00 pm
(Winter Time) Friday: 10:30 am - 2:30 pm

PLEASE CIRCLE THE PRICE ON ITEMS DESIRED

LUNCH SPECIAL \$11.25

(11:00 am - 3:00 pm) (Served w. Fried Rice & a Canned Soda or Small Bottle of Water)

- 1. Beef with Garlic Sauce
- 2. Beef with Broccoli
- 3. Pepper Steak with Onions
- 4. Beef with Snow Peas
- 5. Beef with Mushrooms
- 6. Beef with Black Bean Sauce
- 7. Hot & Spicy Beef
- 8. Sweet & Sour Chicken
- 9. Sesame Chicken
- 10. Moo Goo Gai Pan
- 11. Chicken with Broccoli
- 12. Chicken with Garlic Sauce
- 13. Chicken with Cashew Nuts
- 14. Kong Po Chicken
- 15. Hot Hunan Chicken
- 16. Szechuan Chicken
- 17. Sauteed Mixed Vegetables
- 18. Beef with Mixed Vegetables
- 19. Beef Lo Mein
- 20. Chicken with Snow Peas
- 21. General Tso's Chicken
- 22. Chicken Lo Mein
- 23. Chicken with Eggplant
- 24. Chicken with Mixed Vegetables
- 25. Kong Po Steak Ding
- 26. Chicken with Mushrooms
- 27. Fried Chicken Wings
- 28. Chicken with String Beans

APPETIZERS

- 1. Vegetable Egg Roll (Not Pareve).....2.77
- 2. Egg Roll3.19
- 3. Steamed or Fried Meat Dumplings (6)9.52
- 4. Steamed or Fried Veg. Dumplings (6).....9.52
- 5. Cold Noodle w. Sesame Sauce8.63
- 6. Fried Chicken Wings.....(4) 6.19 (8) 11.86
- 7. Barbecued Beef Sticks(3) 8.96 (6) 17.12
- 8. Fried Wontons (12)7.92
- 9. French Fries4.27
- 10. Dim Sum (5).....9.52
- 12. Steamed Wontons w. Garlic Sauce (12)....7.92
- 13. B-B-Q Chicken Wings12.24

SOUP

(w. Fried Noodle) Pt. Qt.

- 14. Plain Clear Soup1.08 2.11
- 15. Egg Drop Soup3.33 6.28
- 16. Wonton Soup3.42 6.75
- 17. Wonton w. Egg Drop Soup.....3.99 7.32
- 18. Chicken Rice or Noodle Soup3.99 7.32
- 19. Hot & Sour Soup.....3.99 7.32
- 20. Chicken Yat Gaw Mein7.88
- 21. House Special Soup10.08
- 22. Vegetable w. Tofu Soup7.32
- 23. Vegetable Soup3.28 6.42

RICE

- 24. Plain Fried Rice4.92 9.00
- 25. Fried Rice w. Carrots, Onions & Peas.6.00 11.96
- 26. Chicken Fried Rice7.60 15.19
- 27. Beef Fried Rice8.16 16.27
- 28. Veal* Fried Rice8.16 16.27
- 29. Vegetable Fried Rice7.08 13.97
- 30. House Special Fried Rice.....7.97 15.80
- 31. White Rice2.34 4.55
- 32. Brown Rice3.19 6.00

CHOW MEIN

(w. White Rice & Fried Noodles) Pt. Qt.

- 33. White Meat Chicken Chow Mein....7.92 15.85
- 34. Beef Chow Mein9.38 17.87
- 35. Veal* Chow Mein9.38 17.87
- 36. Vegetable Chow Mein6.47 12.47
- 37. House Special Chow Mein9.38 17.87

LO MEIN

- 38. Plain Lo Mein.....6.28 12.52
- 39. Chicken Lo Mein8.72 17.02
- 40. Beef Lo Mein9.38 17.87
- 41. Veal* Lo Mein9.38 17.87
- 42. Vegetable Lo Mein8.16 15.57
- 43. House Special Lo Mein9.38 17.87

CHOW FUN OR MEI FUN

(Large Noodles) / (Small Noodles)

- 44. Vegetable Chow Fun / Mei Fun.....14.21
- 45. Chicken Chow Fun / Mei Fun17.02
- 46. Beef Chow Fun / Mei Fun17.87
- 47. Veal* Chow Fun / Mei Fun17.87
- 48. House Special Chow Fun / Mei Fun.....17.87

EGG FOO YOUNG

(w. White Rice)

- 49. Chicken Egg Foo Young16.27
- 50. Beef Egg Foo Young.....17.87
- 51. Veal* Egg Foo Young.....17.87
- 52. Vegetable Egg Foo Young15.29
- 53. House Special Egg Foo Young17.87

VEAL

(w. White Rice)

- 54. Moo Shu (Veal*) w. 4 Pancakes24.76
- 55. (Veal*) w. Garlic Sauce24.29
- 56. (Veal*) w. Scallions24.29
- 57. Hunan (Veal*).....24.29
- 58. (Veal*) w. Broccoli13.79 25.37
- 59. (Veal*) w. Mixed Vegetables13.55 24.29

BEEF

(w. White Rice)

- 60. Beef w. Broccoli.....13.79 25.37
- 61. Pepper Steak w. Onions13.04 24.99
- 62. Curry Beef w. Onions13.04 24.99
- 63. Beef w. Mixed Vegetables.....13.04 24.99
- 64. Beef w. Mushrooms.....13.04 24.99
- 65. Twice Cooked Beef24.99
- 66. Beef w. Snow Peas24.99
- 68. Beef w. Garlic Sauce.....24.99
- 69. Hot & Spicy Beef.....24.99
- 70. Beef w. Scallions24.99
- 71. Kong Po Steak Ding24.99
- 72. Moo Shu Beef w. 4 Pancakes24.99
- 73. Beef w. String Beans24.99
- 74. Beef w. Eggplant in Garlic Sauce.....24.99

CHICKEN

(w. White Rice)

- 75. Chicken w. Broccoli13.04 23.96
- 76. Pepper Chicken w. Onions12.00 22.93
- 77. Moo Goo Gai Pan12.00 22.93
- 78. Chicken w. Mixed Vegetables12.00 22.93
- 79. Curry Chicken w. Onions.....12.00 22.93
- 80. Chicken w. Mushrooms12.00 22.93
- 82. Chicken w. Snow Peas.....12.00 22.93
- 83. Hot & Spicy Chicken22.93
- 84. Chicken w. Cashew Nuts22.93
- 85. Chicken w. Scallions.....22.93
- 86. Kong Po Chicken Ding22.93
- 87. Chicken w. Garlic Sauce22.93
- 88. Sweet & Sour Chicken.....12.00 22.93
- 89. Moo Shu Chicken w. 4 Pancakes.....22.93
- 90. Chicken w. String Beans.....22.93
- 91. Chicken & Eggplant w. Garlic Sauce22.93

VEGETABLE

(w. White Rice)

- 92. Sauteed String Beans16.69
- 93. Eggplant w. Garlic Sauce16.69
- 94. Sauteed Mixed Vegetables16.69
- 95. Tofu Home Style.....17.54
- 96. Tofu Szechuan Style17.54
- 97. Broccoli w. Garlic Sauce.....17.54
- 98. Hot & Spicy Tofu17.54
- 99. Curry Tofu w. Onions.....17.54
- 100. Moo Shu Vegetables w. 4 Pancakes17.54

*Our Veal is a Beef Product

Healthy Hot & Spicy Kid's Favorite

Purchase \$36.00 or More
Get 2 Egg Rolls FREE

One Offer Per Customer.

We Accept Cash, Checks and ZELLE
PAY@FLKexp.com
No Credit Cards Accepted

CHEF'S SPECIALTIES

(Szechuan, Hunan & Cantonese Style)
(w. White Rice)

- 1. SESAME CHICKEN24.43
Crispy chicken chunks, dry sauteed in Peking sauce w. sesame seeds
- 2. GENERAL TSO'S CHICKEN23.40
Crispy-coated chicken chunks seasoned & sauteed w. Chinese garlic sauce
- 3. ORANGE FLAVORED BEEF25.04
Sauteed beef w. orange peels & Chef's special sauce
- 4. ORANGE FLAVORED CHICKEN23.40
Boneless chicken chunks sauteed w. orange peels & broccoli in sweet & spicy sauce
- 5. HUNAN BEEF24.99
Sliced tender beef sauteed w. broccoli, snow peas, & red and green peppers, Hunan style
- 6. HUNAN CHICKEN22.93
- 7. SZECHUAN BEEF24.99
Filet of beef garnished w. bok choy, red & green peppers, water chestnuts, carrots, snow peas, straw mushrooms etc. w. Szechuan sauce
- 8. SZECHUAN CHICKEN22.93
- 9. CHICKEN, BEEF & VEAL W. SCALLIONS 27.95
A combination of beef, veal & sliced chicken, precisely balanced w. green scallions.
- 10. LEMON CHICKEN23.82
Batter-fried chicken breast cut in bite size morsels, served w. delightful lemon sauce
- 11. BONELESS CHICKEN23.82
Breaded fried chicken w. mixed veg. & brown sauce
- 12. PINEAPPLE CHICKEN.....23.82
Breaded fried chicken breast w. steamed broccoli, pineapple chunks & topped with a golden yellow sweet sauce
- 13. SESAME BEEF25.04
Filet of beef sauteed w. sesame & Chef's special sauce
- 14. DA CHIEN CHICKEN22.93
Sauteed chicken pieces w. green pepper & celery with a hot & spicy sauce named after a famous Chinese artist
- 15. TRIPLE DELIGHT27.95
Sliced chicken, beef & veal w. carrots & broccoli in House Special sauce
- 16. SESAME MUSHROOMS.....19.13
- 17. GENERAL TSO'S TOFU.....19.13

SPECIAL COMBINATION PLATTERS

\$17.02

(Each Plate includes an Egg Roll & Fried Rice)

- 1. CHICKEN CHOW MEIN
- 2. PEPPER STEAK
- 3. SWEET & SOUR CHICKEN
- 4. MOO GOO GAI PAN
- 5. BEEF W. BROCCOLI
- 6. CHICKEN W. BROCCOLI
- 7. CHICKEN LO MEIN
- 8. KONG PO CHICKEN
- 9. BEEF W. GARLIC SAUCE
- 10. HOT & SPICY BEEF
- 11. SESAME CHICKEN
- 12. BEEF W. SNOW PEAS
- 13. GENERAL TSO'S CHICKEN
- 14. GENERAL TSO'S TOFU

GLUTEN FREE MENU

These dishes are available STEAMED without SAUCE, with GLUTEN FREE SAUCE on the side or in the DISH. GLUTEN FREE SAUCE is an additional \$1.50 (w. White Rice)

- W 1. Mixed Chinese Vegetables.....9.14 16.69
- W 2. Steamed String Beans9.14 16.69
- W 3. Steamed Snow Peas.....9.14 16.69
- W 4. Steamed Broccoli9.71 17.63
- W 5. Steamed Eggplant9.14 16.69
- W 6. Chicken w. Mixed Vegetables11.77 22.93
- W 7. Beef w. Mixed Vegetables13.22 24.99
- W 8. Tofu w. Mixed Vegetables9.43 17.54
- W 9. Chicken w. Broccoli12.38 23.07
- W10. Beef w. Broccoli13.79 25.37
- W11. Veal* w. Mixed Vegetables13.79 25.37
- W12. Chicken w. Snow Peas11.77 22.93
- W13. Beef w. Snow Peas13.22 24.99
- W14. Chicken w. String Beans.....11.77 22.93
- W15. Steamed Chicken w. Eggplant....11.77 22.93