高 KOSHER EXPRESS 美

All Products Made Here Are Fleishig!

Sun. - Thurs: 11:00 am - 8:00 pm
(Summer Time) Friday: 11:00 am - 3:00 pm
(Winter Time) Friday: 10:30 am - 2:30 pm

DELIVERY AVAILABLE Most Days

Kashrus Supervision by the R C B C
GLATT KOSHER CHINESE FOOD TO TAKE OUT
SZECHUAN, HUNAN & CANTONESE STYLE

Tel : (201) 791-8818
(201) 791-3060

www.FLKexp.com
Please Order Online or By Phone
PLEASE CIRCLE THE PRICE ON ITEMS DESIRED

Two Blocks From
Congregation Shomrei Torah

22 -16 Morlot Avenue
Fair Lawn, N.J. 07410

Ask about our CATERING MENU

LUNCH SPECIAL $12.85

(11:00 am - 3:00 pm) Served w. Fried Rice, & YOUR Choice of Beverage or Plain Clear Soup.
Add: Meat Egg Roll $2.16 Veg Egg Roll $1.97 Plain Lo Mein Instead of Rice $2.00
Add Soup (Pt.) Egg Drop Soup or Wonton Soup $2.00
Chicken Rice / Noodle or Hot & Sour or Wonton & Egg Drop $2.50

1. Beef with Garlic Sauce
2. Beef with Broccoli
3. Pepper Steak with Onions
4. Beef with Snow Peas
5. Beef with Mushrooms
6. Hot & Spicy Beef
7. Sweet & Sour Chicken
8. Sesame Chicken
9. Moo Goo Gai Pan
10. Chicken with Broccoli
11. Chicken with Garlic Sauce
12. Chicken with Cashew Nuts
13. Kong Po Chicken
14. Hot Hunan Chicken
15. Szechuan Chicken
16. Sauteed Mixed Vegetables
17. Beef with Mixed Vegetables
18. Lo Mein (Pick one Beef, Chicken, Tofu, Veal, Veggie)
19. NEW Curry Chicken w. Onions
20. Chicken with Snow Peas
21. General Tso's Chicken
22. Chicken with Eggplant
23. Chicken with Mixed Vegetables
24. Kong Po Steak Ding
25. Chicken with Mushrooms
26. Fried Chicken Wings
27. Chicken with String Beans
28. NEW Sauteed String Beans

APPETIZERS

1.	Vegetable Egg Roll (Not Pareve)	2.95
2.	Egg Roll	3.47
3. ♥	Steamed or Fried Meat Dumplings (6)	10.04
4. ♥	Steamed or Fried Veg. Dumplings (6)	10.04
5.	Cold Noodle w. Sesame Sauce	9.10
6.	Fried Chicken Wings	(4) 6.57 (8) 12.47
7.	Barbecued Beef Sticks	(3) 9.47 (6) 17.91
8.	Wontons: Fried or Steamed w. Garlic Sauce (12)	8.35
9.	French Fries	4.50
10.	Dim Sum (5)	10.04
11.	B-B-Q Chicken Wings	12.85
12.	Hot Chicken Poppers	(10) 14.35 (20) 26.26
13.	Sesame Eggplant	11.35

SOUP

	(w. Fried Noodle)	Pt.	Qt.
14.	Plain Clear Soup	1.22	2.34
15. ♥	Egg Drop Soup	3.56	6.66
16.	Wonton Soup	3.66	7.13
17.	Wonton w. Egg Drop Soup	4.22	7.69
18.	Chicken Rice or Noodle Soup	4.22	7.69
19. ♥	Hot & Sour Soup	4.22	7.69
20.	Chicken Yat Gaw Mein		8.35
21.	House Special Soup		10.60
22.	Vegetable w. Tofu Soup		7.69
23.	Vegetable Soup	3.56	6.85
24. NEW	Beef Soup	6.38	11.35

RICE

		Pt.	Qt.
25.	Plain Fried Rice	4.97	9.00
26.	Fried Rice w. Carrots, Onions & Peas	6.00	12.00
27.	Chicken Fried Rice	8.07	15.94
28.	Beef Fried Rice	8.63	17.16
29.	Veal* Fried Rice	8.63	17.16
30.	Vegetable Fried Rice	7.41	14.63
31. NEW	Vegetable Brown Rice	9.66	18.76
32.	House Special Fried Rice	8.44	16.60
33.	White Rice	2.53	4.60
34.	Brown Rice	3.28	6.38

CHOW MEIN

	(w. White Rice & Fried Noodles)	Pt.	Qt.
35.	White Meat Chicken Chow Mein	8.35	16.60
36.	Beef Chow Mein	9.94	18.76
37.	Veal* Chow Mein	9.94	18.76
38.	Vegetable Chow Mein	6.85	13.13
39.	House Special Chow Mein	9.94	18.76

LO MEIN

		Pt.	Qt.
40.	Plain Lo Mein	6.66	13.13
41.	Chicken Lo Mein	9.19	17.82
42.	Beef Lo Mein	9.94	18.76
43.	Tofu Lo Mein	9.19	17.82
44.	Veal* Lo Mein	9.94	18.76
45.	Vegetable Lo Mein	8.63	16.32
46.	House Special Lo Mein	9.94	18.76

CHOW FUN OR MEI FUN

(Large Noodles) / (Small Noodles)

47.	Vegetable Chow Fun / Mei Fun	14.91
48.	Chicken Chow Fun / Mei Fun	17.82
49.	Beef Chow Fun / Mei Fun	18.76
50.	Veal* Chow Fun / Mei Fun	18.76
51.	House Special Chow Fun / Mei Fun	18.76

EGG FOO YOUNG (w. White Rice)

52.	Chicken Egg Foo Young	17.16
53.	Beef Egg Foo Young	18.76
54.	Veal* Egg Foo Young	18.76
55.	Vegetable Egg Foo Young	16.04
56.	House Special Egg Foo Young	18.76

BEEF

	(w. White Rice)	Pt.	Qt.
57. ♥	Beef w. Broccoli	14.82	26.64
58.	Pepper Steak w. Onions	14.82	26.64
59.	Curry Beef w. Onions	14.82	26.64
60.	Beef w. Mixed Vegetables	14.82	26.64
61.	Beef w. Mushrooms	14.82	26.64
62.	Twice Cooked Beef		26.64
63.	Beef w. Snow Peas		26.64
64.	Beef w. Garlic Sauce		26.64
65.	Hot & Spicy Beef		26.64
66.	Beef w. Scallions		26.64
67.	Kong Po Steak Ding		26.64
68.	Moo Shu Beef w. 4 Pancakes		26.64
69.	Beef w. String Beans		26.64
70.	Beef w. Eggplant in Garlic Sauce		26.64

CHICKEN

	(w. White Rice)	Pt.	Qt.
71. ♥	Chicken w. Broccoli	14.63	26.26
72.	Pepper Chicken w. Onions	14.35	26.26
73. ♥	Moo Goo Gai Pan	14.35	26.26
74.	Chicken w. Mixed Vegetables	14.35	26.26
75.	Curry Chicken w. Onions	14.35	26.26
76.	Chicken w. Mushrooms	14.35	26.26
77.	Chicken w. Snow Peas	14.35	26.26
78.	Hot & Spicy Chicken		26.26
79.	Chicken w. Cashew Nuts		26.26
80.	Chicken w. Scallions		26.26
81.	Kong Po Chicken Ding		26.26
82.	Chicken w. Garlic Sauce		26.26
83.	Sweet & Sour Chicken	14.35	26.26
84. NEW	Crispy Fried Chicken	14.35	26.26
85.	Moo Shu Chicken w. 4 Pancakes		26.26
86.	Chicken w. String Beans		26.26
87.	Chicken & Eggplant w. Garlic Sauce		26.26

VEGETABLE

(w. White Rice)

88. ♥	Sauteed String Beans	17.54
89.	Eggplant w. Garlic Sauce	17.54
90. ♥	Sauteed Mixed Vegetables	17.54
91.	Tofu Home Style	18.48
92.	Tofu Szechuan Style	18.48
93.	Broccoli w. Garlic Sauce	18.48
94.	Hot & Spicy Tofu	18.48
95. NEW	Curry Tofu w. Onions	18.48
96.	Tofu w. Broccoli	18.48
97.	Moo Shu Vegetables w. 4 Pancakes	18.48

*Our Veal is a Beef Product

♥ Healthy Hot & Spicy Kid's Favorite

Purchase $36.00 or More
Get 2 Egg Rolls FREE
One Offer Per Customer.

We Accept Cash, Checks and ZELLE
PAY@FLKexp.com
No Credit Cards Accepted

Printed & Design by 恆興印刷 •917-858-8159 • 8/25

CHEF'S SPECIALTIES

(Szechuan, Hunan & Cantonese Style)
(w. White Rice)

1. **SESAME CHICKEN** 26.64
Crispy chicken chunks, dry sauteed in Peking sauce w. sesame seeds
2. **GENERAL TSO'S CHICKEN** 26.64
Crispy-coated chicken chunks seasoned & sauteed w. Chinese garlic sauce
3. **ORANGE FLAVORED BEEF** 27.20
Sauteed beef w. orange peels & Chef's special sauce
4. **ORANGE FLAVORED CHICKEN** 26.64
Boneless chicken chunks sauteed w. orange peels & broccoli in sweet & spicy sauce
5. **HUNAN BEEF** 26.64
Sliced tender beef sauteed w. broccoli, snow peas, & red and green peppers, Hunan style
6. **HUNAN CHICKEN** 26.26
7. **SZECHUAN BEEF** 26.64
Filet of beef garnished w. bok choy, red & green peppers, water chestnuts, carrots, snow peas, straw mushrooms etc. w. Szechuan sauce
8. **SZECHUAN CHICKEN** 26.26
9. ♥ **CHICKEN, BEEF & VEAL W. SCALLIONS** 29.36
A combination of beef, veal & sliced chicken, precisely balanced w. green scallions.
10. **LEMON CHICKEN** 26.26
Batter-fried chicken breast cut in bite size morsels, served w. delightful lemon sauce
11. **BONELESS CHICKEN** 26.26
Breaded fried chicken w. mixed veg. & brown sauce
12. **PINEAPPLE CHICKEN** 26.26
Breaded fried chicken breast w. steamed broccoli, pineapple chunks & topped with a golden yellow sweet sauce
13. **SESAME BEEF** 27.20
Filet of beef sauteed w. sesame & Chef's special sauce
14. **DA CHIEN CHICKEN** 26.26
Sauteed chicken pieces w. green pepper & celery with a hot & spicy sauce named after a famous Chinese artist
15. ♥ **TRIPLE DELIGHT** 29.36
Sliced chicken, beef & veal w. carrots & broccoli in House Special sauce
16. **SESAME MUSHROOMS** 20.07
17. **GENERAL TSO'S TOFU** 20.07
18. NEW **SESAME EGGPLANT** 20.07

SPECIAL COMBINATION PLATTERS

$18.85

Each Plate includes Fried Rice & a Choice of Any ONE of The Following:
Egg Roll, Plain Clear Soup or Beverage
Add Soup (Pt.) Egg Drop Soup or Wonton Soup $2.00
Chicken Rice / Noodle or Hot & Sour or Wonton & Egg Drop $2.50

1. CHICKEN CHOW MEIN
2. PEPPER STEAK
3. SWEET & SOUR CHICKEN
4. ♥ MOO GOO GAI PAN
5. BEEF W. BROCCOLI
6. CHICKEN W. BROCCOLI
7. CHICKEN LO MEIN
8. KONG PO CHICKEN
9. BEEF W. GARLIC SAUCE
10. HOT & SPICY BEEF
11. SESAME CHICKEN
12. BEEF W. SNOW PEAS
13. GENERAL TSO'S CHICKEN
14. GENERAL TSO'S TOFU
15. NEW CHICKEN W. GARLIC SAUCE
16. NEW TOFU LO MEIN

GLUTEN FREE MENU

These dishes are available STEAMED without SAUCE, with GLUTEN FREE SAUCE on the side or in the DISH. GLUTEN FREE SAUCE is an additional $1.50

	(w. White Rice)	Pt.	Qt.
W 1. ♥	Mixed Chinese Vegetables	9.66	17.54
W 2. ♥	Steamed String Beans	9.66	17.54
W 3. ♥	Steamed Snow Peas	9.66	17.54
W 4. ♥	Steamed Broccoli	10.22	18.57
W 5. ♥	Steamed Eggplant	9.66	17.54
W 6. ♥	Chicken w. Mixed Vegetables	13.69	26.26
W 7. ♥	Beef w. Mixed Vegetables	14.54	26.64
W 8. ♥	Tofu w. Mixed Vegetables	9.94	18.48
W 9. ♥	Chicken w. Broccoli	13.69	26.26
W10. ♥	Beef w. Broccoli	14.54	26.64
W11. ♥	Chicken w. Snow Peas	13.69	26.26
W12. ♥	Beef w. Snow Peas	14.54	26.64
W13. ♥	Chicken w. String Beans	13.69	26.26
W14. ♥	Steamed Chicken w. Eggplant	13.69	26.26